



560 N. Wilderness Trail ~ Ponte Vedra Beach, FL 32082

Visit our cyber-post at www.AL233FL.org where you can view this newsletter in color

Canteen hours:
MON-FRI: 1100 until ?? hrs.
SAT: 0900 until ?? hrs.
SUN: 0900 until ?? hrs.
(St.Johns County - closing hour is 2:00am)

Website: www.AL233FL.org

Email: info@al233fl.org

Post telephone: 904.285.2484

Sunday: Breakfast 9am-12N

Wednesday Dinner: 6:30pm-8:00pm

Friday Dinner: 6:30pm-8:00pm

Mon-Fri Lunch 11:30am-1pm

NEVER FORGET - POWs & MIAs

In this issue

Page 2 Commanders Corner	Page 3 Commanders Corner, cont'd. As the Post Churns
Page 4 Canteen Managers Report	Page 5 S.A.L. Commanders Report
Page 6 A.L.A. Presidents Report	Page 7 Monthly birthday listings Misc. notices / announcements
Page 8 Monthly events calendar	Page 9 Paid advertising
Page 10 Event Flyer	Page 11 Event Flyer
Page 12 Event Flyer	Page 13 Newsletter mailing label

SUPPORT THE BUSINESSES THAT HELP SUPPORT YOUR POST

Legionnaire Membership: did you sign up a new member this month?

ALA Membership: did you sign up a new member this month?

SAL Membership: did you sign up a new member this month?

Commander's Corner



Commander Steve Willis

Well, it's February, can you feel the love?

I have with regrets accepted Steve Hutchinson's resignation as finance officer due to concerns about his health. Steve did an outstanding job for the last several years and the Post is forever grateful for his service

I will accept nominations for his successor at our next meeting on February 3rd. This is a job that is usually held for several years due to its complexity. He or she will have a lot of support from several directions. Please see the constitution and by-laws for a job description.

Also at that meeting we will vote on the cell tower and the smoking issue. I am looking to see a large turnout.

For God and Country,
Steve



1st Vice Commander Roy Havekost

Well, here we are already into the month of February with 7 months of our elected term completed. We have accomplished many tasks at the Post and plan to accomplish more before our term expires in June. The upkeep of the Post, event planning and execution, the meal preparations, cooking and serving, constitutes many countless hours of volunteerism by our members and even some guests at times.

In the February issue of the Legion magazine, National Commanders message, he reminds us that generally the only compensation in a volunteer organization is gratitude and remembrance, so if I haven't said it enough before I'm saying it now, a very big THANK YOU, to everyone who volunteers their time at Post #233, it is recognized and appreciated by many who care.

In closing, please remember the Fish Fry on the 25th from 5-8pm, the Team will be serving up some of the best Argentine Whiting, Bama Beans, PV Slaw and Hush Puppies yet.

For God and Country,
Roy



2nd Vice Commander Stu Lilly

No report this month.

For God and Country,
Stu.



3rd Vice Commander Rick Kapeghian

No report this month.

For God and Country,
Rick



4th Vice Commander Charlie Walker

No report this month

For God and Country,
Charlie



Post Historian Rod Garing

In memoriam:

Not as a single salute to a single veteran, but as a symbol of all those who served in the past and serve now. We at American Legion Post #233, Palm Valley, Florida, salute Colonel David Johnston Cook, U.S.M.C., recipient of The Distinguished Flying Cross and Purple Heart.

May he represent the sacrifice and the price of combat on some, long after the survival of conflict in a theater of war. God Bless Dave Cook and others like him who have served our country.

Semper Fi Dave
David Johnston Cook
B. October 29, 1944
D. November 15, 2010

Respectfully,
Rod Garing, Historian, Post #233

“AS THE POST CHURNS”

I normally don't agree with posting something in this section but I just can't keep my mouth quiet anymore.

Did I really hear that someone made complaints about the fact that I used canned tomatoes (in error) instead of fresh ones for the taco's and that the Jalapeno's were chopped too finely instead of left as slices? Last week it was because I ground the beef up to much. Come on people, how can anyone actually complain when you are getting a taco with all the toppings you could possibly want for \$1.00. How can a fun night of Taco's & Trivia turn into a complaint session the following day? It takes time for someone to do the prep work and there has only been a few of us who has jumped in to do this work so that we can have a good evening at our Post. For those who don't complain & actually say thanks and give compliments, I commend you. For those who complain over such trivial matters I suggest you step up to the plate and do it your way and see if you can please everyone. Remember the old saying "if you can't say anything nice then don't say anything at all".

Kathy Church

At the January 2011 General Meeting the House Committee proposed the following **NO SMOKING** policy be presented to the general membership for a vote. There was much discussion about the proposal by the members present and it was motioned and seconded to publicize the issue and call for a vote at the February meeting.

NO SMOKING PROPOSAL

To prohibit smoking inside the Legion building on Wednesday's and Friday's between 6:00-8:00pm, and on Sunday's between 9:00am-12:00n. These will be the hours when meals are consumed by our members and their guests.

Comments on this issue will be heard at the next general membership meeting on February 3, 2011, followed by a vote.

CANTEEN MANAGERS REPORT- by Diane Beason

Had enough of the bad weather and flu season yet? If the flu has spared you or your loved ones this year, color yourself lucky. In spite of both, we've had a great month and February is shaping up to be another winner.

We do love our food at Post 233. At press time, the 3rd Annual Chili Cook-Off is still a day away so I can't tell you who the winning cooks were but it's safe to say that they were all good and the big winners were those who came in for the fun and the chili feast. Thanks to all who participated and Chefs Mike Shaar, Paul Zito and Danny Rodriguiz who served as judges for the event.

To date, the Legionnaires are ahead in the Wednesday night dinner competition. If you are behind the ball on that one, the Legion, SAL and Auxilliary are engaged in a friendly competition for Wednesday night dinner sales thru the months of January and February. Of course each entity has raised the bar on the menus so if you have not been in for a Wednesday dinner lately, now's the time. The food is great and bragging rights are at stake.

Come in Super Bowl Sunday, February 6th, and check out our new big screen and flat screen T.V's. The local sports bars don't have anything on Post 233 ! Come in and watch the game, have some finger food and be among friends.

On Saturday night, February 12th, our own Frankie Cupid Martin, Jr. will be in the house. This month's theme is "Red & White" in honor of Valentine's Day, so get dressed up, bring your sweetie, or not, and enjoy the night. Tex and his merry band of alter egos are putting on some fabulous shows for us, each with a different theme, on a monthly basis. If you were there for last month's "Roaring Twenties" night, you know what I mean.

On Friday night, February 25th, we're changing it up and Capt. Ski's Original Fish Fry Team will be cooking followed by entertainment by the Johnston Duo. Come in for a great fish dinner with all the sides and then dance to the always wonderful music of the Johnstons.

Taco Trivia on alternating Monday nights has been wildly successful thanks to Patty O'Callahan and the volunteers who slice, dice and chop all the Taco fixings and man the buffet. Thanks Kathy, Rita and Allyson! Patty does an awesome job researching and presenting the Trivia questions and the competition among the teams is pretty fierce. Check the calendar for the dates and come try your luck. You can build your own Tacos for only 1.00 each and eat while you play. Prizes include free dinners, drink chips and pull tab tickets. One lucky team recently won 250.00 with their free pull tab tickets!

A couple of housekeeping notes, the Handicapped Parking spaces in front of our building are there for our members and guests who have valid Handicap Parking permits. Please be considerate and leave those spaces open for those who need them. Secondly, we strive to provide each and every one of our customers with prompt, efficient, friendly service and to make everyone's visit to Post 233 enjoyable.

Should you have a complaint about your Canteen service or food service (remember your food is being prepared and served by a volunteer), please direct it to me either in person or by email (dianebeason@comcast.net) or to Commander Willis and he will pass it on to me in confidence. We take our responsibility to the Post and its membership very seriously but complaints that are discussed around the Canteen or that come to us 2nd or 3rd hand are unfair to the parties involved as details become clouded, often cannot be verified and therefore cannot be properly addressed. As always, your constructive comments and ideas are welcome. It's your Post, join the fun and get involved!

For God and Country,
Diane





FROM THE SAL- Commander Jeff 'Tex' Ward

Greetings Sons,

We are close to achieving 100%+ membership again for the upcoming year. At this point we are at approximately 75%. There is a list on the bulletin board of members that have not paid if you are not sure. I enjoy crossing off names as they pay. Please make checks payable to "S.A.L. American Legion" and be sure to include your details: name, address, phone, and particularly your e-mail. You can send them to the Post or drop by and give them to a bartender. We want to **increase our membership** so be on the lookout for potential new members!

The S.A.L. is responsible for one Wednesday a month to cook dinner. We can't have Chef Mike (who last month, along with myself provided a very tasty chicken & risotto meal) cook every month! It is time to step up boys!! (and girls!) The following dates are locked in for the first half of the year and are available for you to help out: 2/9, 3/16 (St. Patrick's Day dinner?), 4/16, 5/25, and 6/15. Please pick a date that you can either cook or volunteer in the kitchen.

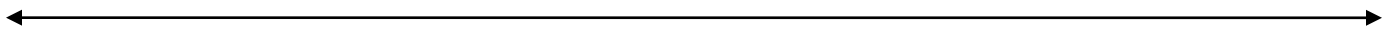
Our fund raising project has gone very well so far but it seems that I am the only one selling the "Flip-It" pancake makers. So far our Squadron is leading the sales for the 5th District. Anyone that has used it has very positive things to say about it. They sell for \$20. If you buy more than one, each one of those is only \$15. The pan will put an impression of the U.S. Flag on your pancake, crepe, grilled sandwich, panini, etc. With the extra pan that is included you can have a "Good Morning" smiley face on your pancake. Also included: an omelet ring, full color instruction/recipe brochure and an instructional DVD. Please take some to your work place, church, etc. *and be sure to get one for yourself.* Every one of you should own at least one "Flip-It"!! They virtually sell themselves and it is for a good cause.

The 5th District meeting is at Post #88 (only a 20 minute drive from our post) at 3 p.m. on Sat., Feb. 12th. Our support is important and I would like to have a good turnout by our squadron. If you are interested in attending let me know. The February Squadron meeting is on the 10th at 6 p.m.

There are many fun and exciting events coming up in the near future at our Post so keep your eyes on the newsletter, visit the website (www.al233fl.org) or better yet come in to your Post and have a drink!

If you have any questions, suggestions or constructive criticism regarding our Squadron or Post 233 issues, my phone number is 904-233-0976 and my email is flagman49@yahoo.com.

Jeff "TEX" Ward
Commander



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FROM THE AUXILIARY- President Kathy Church

Members of the Auxiliary, if you are not holding a 2011 membership card you are now considered delinquent and you need to submit your dues ASAP. You can mail a check made out to the ALA Unit 233 to me at my address listed below. You will not be able to be served at the Canteen until your dues are paid. Membership is a very important part of keeping the Auxiliary going. As members it is all of our duty to sign new members up on a regular basis. If you know of someone who has been coming to our Post that is membership eligible but has not yet joined please hand them an application. If this person joins then you will be entitled to a free Wed. night dinner. House Rules state that if a person is eligible for membership that they can only be a guest twice. We have been very slack on this rule but in an effort to increase our Auxiliary membership % I will be working diligently on getting these guests signed up. Our goal is not to turn anyone away but to increase our membership roster and get new active members.

The Auxiliary regular monthly meeting will be on Thursday, Feb 10th at 7:0pm. Wanda Brandt, 5th District President will be attending this meeting. I encourage those who don't normally attend a meeting to do so this month. Let's show Wanda the great team we have. As an Auxiliary member if you are in the house during the time an Auxiliary meeting is being held but you don't go to the meeting, you will not be served during that time out of respect for the members who do take the time to participate in the meetings. We need more members to participate in and bring new ideas to the table. This month we will be discussing ideas for a spring event and we would welcome new ideas.

The Auxiliary has a beautiful Valentine's basket on display for chances. The money collected from this basket will be used to support our Girls State representative. Please see the bartender if you would like a chance at this basket. Thanks go out to Anita Vigil who did a great job assembling this basket and to all those who donated items to go in the basket.

One last note – I very much want to say THANKS to all our active volunteering members (Legion, SAL & Auxiliary) for their support. We have a great group of people who work their butts off to keep our Post running. However, it is always the same group of people who are constantly working so hard. Now I do realize that we all lead very busy lives and spare time is a luxury but please try to lend a hand now & then. If you can't or don't want to cook there are many other ways you can help out at the Post (patio up keep, kitchen attention, money collectors on dinner nights, cleaning crews, parking lot cleanup etc.) I am not asking that you work all the time but if each member would help out for at least an hour a two a month it would give the regular volunteers some relieve. Also if you are not part of the active volunteer group then please try to refrain from complaining about how things are done. If you are not satisfied with the way things are then what a better way to change them by participating. If you are an Auxiliary member and would like to help out in any capacity please call me and I will work with you. Perhaps you have a child or grandchild that needs to log in community service time for school, bring them in and we can all work together as a team.



Peace & Love to all
Kathy




~HAPPY BIRTHDAY in FEBRUARY~

1	Sylvia Bass Stephanie Holland Tony Kulper	14	Lorraine Joy
3	Trudy Cavanaugh	17	Clen Ward
4	Catherine Leblanc	18	Cindy Martin
6	Cherie Lee	21	Georgia Barnes
9	Randy Corlew	22	Joey Holland
11	Chuck Kees Joe Bing	24	Wilford Lyons
12	Johnny Jones Jr. Barbara Nielson	25	Kelsey Howell
		26	Mark Stewart
		28	Ed Parrett

Your birthday can be listed here by sending your name, month and day to webmaster@al233fl.org or call Roy @ 287-6909

 <p align="center">Come join our group, online</p>	<p>Empty space in this newsletter is available for your advertising, or comments. Content for the newsletter MUST be received no later than the 25th, each month. This will leave a 3-4 day buffer for editing and formatting. We will strive to have each months newsletter published before the 1st of the month. Please help with this effort by getting your reports in on time. Thank you.</p>
<p align="center">2011 ~ THANK YOU ~ 2011</p> <p>To all of the volunteers who donated their time to the Post in the kitchen, at events, at projects and gatherings or just by coming into the Post for a quick meal and a drink.</p> <p align="center">The Officers of Post 233</p>	 <p align="right">Check out our new selection of T-shirts and other merchandise in our on-line store on the website.</p> <p align="center">Over 40 designs to choose from</p>
<p>To advertise your business in the Post Newsletter and on our website, submit a donation of \$25.00 and your business card to Roy Havekost, 1st Vice Commander. Pick up an envelope at the bar. Ads run for one year. Make checks to Post 233. ©</p>	<p align="center">Send Get Well cards to our wounded troops: A Recovering American Soldier c/o Walter Reed Army Medical Center 6900 Georgia Avenue, NW Washington , D.C. 20307-5001</p>

	<p align="center">Mondays on February 7th & 21st , Trivia & \$1.⁰⁰ Tacos w/ Patty O</p>
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Legionnaire Membership: did you sign up a new member this month?
ALA Membership: did you sign up a new member this month?
SAL Membership: did you sign up a new member this month?



FEBRUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>6 * Breakfast 9-12</p> <p>6:30 PM FINCH FOOD MICHIGAN</p>	<p>7 * Lunch: 11-1</p> <p>\$1 Tacos & Trivia w/Patty O' ~ 6-8!</p>	<p>1 * Lunch: 11-1</p> <p>Volunteer to Cook!</p>	<p>2 * Lunch: 11-1</p> <p>* Dinner: 6:30-8:00</p> <p>Mardi Gras style</p>	<p>3 * Lunch: 11-1</p> <p>* Legionnaires: 7:00</p> <p>MAJOR VOTES Smoking or Not at Dinner/B'fast & Cell Tower</p>	<p>4 * Lunch: 11-1</p> <p>* Steak Night/Music</p> <p>Frankie Martin, Jr. 8-11</p>	<p>5</p>
<p>13 * Breakfast 9-12</p>	<p>14</p> <p>* Lunch: 11-1</p> <p>* House Cmte: 6:00</p>	<p>8 * Lunch: 11-1</p> <p>Volunteer to Cook!</p>	<p>9 * Lunch: 11-1</p> <p>* S.A.L. Dinner 6:30</p> <p>Mardi Gras style</p>	<p>10 * Lunch: 11-1</p> <p>* Auxiliary: 7:00</p>	<p>11 * Lunch: 11-1</p> <p>* Steak Night/Music</p> <p>Reggie!</p>	<p>12 Red & White Theme Party</p> <p>Music, Prizes, Food & Fun!</p>
<p>20 * Breakfast 9-12</p>	<p>21 * Lunch: 11-1</p> <p>\$1 Tacos & Trivia w/Patty O' ~ 6-8!</p>	<p>15 * Lunch: 11-1</p> <p>Members Wanted!</p>	<p>16 * Lunch: 11-1</p> <p>* Dinner: 6:30-8:00</p>	<p>17 * Lunch: 11-1</p> <p>* SAL: 6:00</p>	<p>18 * Lunch: 11-1</p> <p>* Steak Night/Music</p> <p>Frankie Martin, Jr. 8-11</p>	<p>19</p> <p>Volunteer!</p>
<p>27 * Breakfast 9-12</p>	<p>28 * Lunch: 11-1</p> <p>God Bless America!</p>	<p>22 * Lunch: 11-1</p> <p>* Exec Cmte: 7:00</p> <p>Support Your Troops!</p>	<p>23 * Lunch: 11-1</p> <p>* Dinner: 6:30-8:00</p> <p>Volunteer to Cook!</p> <p>Tell us your ideas & suggestions!</p> <p>Visit your website for updates at: www.al233fl.org</p>	<p>24 * Lunch: 11-1</p>	<p>25</p> <p>Cap'n Ski's Fish Fry Dinner & Johnston Duo</p>	<p>26</p>

Friday Steak: \$12.00 ~ Wednesday Dinner: \$8.00 ~ Sunday Breakfast: \$5.00 or \$7.00 ~ Member/Non-Member Donation
www.al233fl.org * **Support Your Troops** * 904.285.2484

SUPPORT THE BUSINESSES THAT HELP SUPPORT YOUR POST

Albert Paul's

The Salon at Sawgrass

Nadia

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Ponte Vedra Beach, FL 32082 fax 904-285-4311
albertpaulsalon@aol.com



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GEICO Field Representative

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Claims: 1-800-841-3000

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Natasha Dorman
Certified Suzuki Instructor
904.487.3296
NatashasPianoStudio@gmail.com



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Ponte Vedra Beach, FL 32082

Thank You: Website and Newsletter Boosters

BILL WALKER

TRIVIA, TACO, MONDAYS!

FEB 07 & 21
1800 to 2000 hrs
w/Patty O'

**GET THOSE
GRAY CELLS
WORKING!**



**NEW NIGHT!
NEW TIME!
NEW HOST!**

Great Dinner, Breakfast & Drink Prizes!

\$1.00 Taco... WHAT?

**w/Ground Beef, Onions, Cheese,
Tomatoes, Lettuce, Sour Cream, Salsa,
Tortillas, & Refried Beans**

Self-Serve & Eat During Trivia!

**American Legion, Post #233 * 560 N. Wilderness Trail
Palm Valley/Ponte Vedra 32082
285-2484 * www.al233fl.org**

Captain Ski's



Original Fish Fry

Friday, February 25th

5:00pm to 8:00pm

only \$7.00

Argentine Whiting, Bama Beans, Palm Valley Slaw and Hush Puppies

**Entertainment by:
The Johnston Duo
7:00pm to 10:00pm**



Palm Valley Post #233
560 N. Wilderness Trail
Ponte Vedra Beach, FL
(904) 285-2484
www.AL233FL.org

Proceeds to benefit the Post.



2011 EARLY BIRD DINNER SAT. MARCH 26TH

Dinner will be served promptly from 5:00pm to 7:15pm

Early Bird card holders Legion, SAL and ALA \$ FREE

Guests and/or non-members \$ 9.00

R.S.V.P. to the Post at 285-2484 by March 15th

~ Menu ~

Tossed Salad

Dinner Roll

Prime Rib by Chef Mike

Garlic Roasted Red Potatoes

Vegetable of the Day

Dessert Surprise

Entertainment provided by:

The Johnston Duo

7:00-10:00pm



POST OFFICERS

2010-2011

LEGIONNAIRE

Commander: Steve Willis
Adjutant: Clen Ward
Finance Officer: Steve Hutchinson
1st Vice Cdr.: Roy Havekost
2nd Vice Cdr.: Stu Lilly
3rd Vice Cdr.: Rick Kapeghian
4th Vice Cdr.: Charlie Walker
Chaplain: Bob Nagel
Sgt. at Arms: Dan Wortmann
Historian: Rod Garing

EXECUTIVE COMMITTEE

Wilbur Burnette
Jim Durnal
Bill Lee
Malcolm Marvin
Steve Sheffield

AUXILIARY

President: Kathy Church
1st Vice Pres.: Barbara Turley
2nd Vice Pres.: Rita Connolly
Treasurer: Judy Nagel
Secretary: Anita Vigil
Chaplain: Ann Cook
Sgt. at Arms: Sylvia Bass
Historian: Barbara Green

EXECUTIVE COMMITTEE

Barbara Green
Karen O'Neill
Sherry Wren

SONS OF THE AMERICAN LEGION

Commander: Jeff 'Tex' Ward
1st Vice Cdr.: Jason Bass
2nd Vice Cdr.: Van Martin
Adjutant: Steve Willis
Sgt. at Arms: John Paparelli
Chaplain: Gerry Murray

Palm Valley Post 233
The American Legion
560 N. Wilderness Trail
Ponte Vedra Beach, FL 32082

PLACE
U.S. POSTAGE
HERE



Mailing Address:

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